

*Escorted trek
just 12 places
available*

**A FORWARD
ESCORTED JOURNEY**

Everest & Ama Dablam

A RELAXED PACED WALK TO THE BASE CAMP OF THE WORLD'S HIGHEST MOUNTAIN

**19 DAYS FROM \$3,420 pp
28 SEPTEMBER - 10 OCTOBER 2018**



The Everest Base Camp trek is the classic walk from Lukla to the base camp of the world's highest mountain. This is a very popular lodge based adventure staying in comfortable accommodation, enjoying good food and excellent Sherpa hospitality. The trip is taken at a relaxed pace, with rest days allowing for proper acclimatization. A sound level of fitness is required to make the most of this excellent trek. The walking is at times strenuous: there will be days when you will be very tired, particularly on the climb to Everest Base Camp and Kala Pathar, but the rewards are there. The mountain views on this trek are arguably the best in Nepal.

DAY 1 – KATHMANDU (1360M)

You will be greeted at Kathmandu airport by our team in Nepal. It is only a short drive through the hectic traffic to your hotel located in the heart of the city. After checking into your room there will be some free time before your trek leader gives you a detailed briefing on the program ahead which is scheduled for the late afternoon. You will also be provided with your sleeping bag, high altitude trek jacket and kitbag for use on trek. Your guide will also update you with plans for the following day. In the evening you will enjoy a Welcome Dinner with your guide at one of Kathmandu's fine Nepali restaurants. Meals included: Dinner.

DAY 2 - PHAKDING (2650M)

Trekking 3 hours
The early morning flight from Kathmandu to Lukla (2830m) is spectacular with sensational views of the Himalayan range. The Lukla airstrip was built by Sir Edmund Hillary and the Sherpas in the mid-sixties and after landing your crew will sort and load your trekking equipment and we begin our trekking descending towards the Dudh Kosi River. Here you join the main trading trail to Namche Bazaar, at Chaunrikharka (2720m). The walking is delightfully easy and

after crossing a small stream you reach the small village of Thado Kosi (2550m). From Thado Kosi you walk to the settlement of Ghat and walk by Chortens and Mani walls to reach to our lodge at Phakding (2650m) which is our overnight stop. Meals Included: Breakfast

DAY 3 - NAMCHE BAZAAR (3440M)

Trekking 6 hours
From Phakding you walk through pine and rhododendron forest to Benkar where you have beautiful views of Kusum Kanguru (6369m) and Thamskerku (6623m). From here it is only a short walk to Monjo (2840m), arriving in time for an early lunch. In the afternoon you enter the National Park, where permits are checked, and then pass through the village of Jorsale (2805m). The trail leads to the confluence of the Bhote Kosi and Dudh Kosi, from where you start the steep ascent to Namche Bazaar. After crossing the high suspension bridge we suggest you walk at a slow and steady pace and make the most of the fantastic photographic opportunities as the peaks of Everest (8848m), Lhotse (8511m), Nuptse (7879m), Ama Dablam (6856m) and Taweche (6542m) come into view for the first time. You arrive at Namche Bazaar mid afternoon with

plenty of time to explore the village.

DAY 4 - NAMCHE BAZAAR (3440M)

Acclimatization
To aid acclimatization your guide will organise a morning walk to the airstrip at Shyangboche and then traverse towards the Everest View Hotel for stunning views of Everest and Ama Dablam over a cup of tea or hot chocolate. We descend to Khumjung for lunch and in the afternoon visit the hospital at Kunde set up by the Sir Edmund Hillary Himalayan trust before returning to Namche Bazaar. It is recommended that you take the opportunity to see either the sunrise or sunset views from the National Park Headquarters above the village. The view is stunning.

DAY 5 - KUNDE (3810M) – SEE THE YETI SCALP AT KHUMJUNG MONASTERY

Trekking: approx 2.5 hours
For the next few days we will head away from the main trail and follow a route used by few trekkers. There will be a later departure today and from Namche Bazaar, you climb above the village with fine mountain views of the Kongde, Thamskerku and Kantega mountain range to the small airstrip at Shyangboche where we take a short tea break. It is then a short climb

to reach the ridge where the holy peak of Khumbilya (5761m) looms above and the village of Khumjung can be seen below. From here the trail descends past a long mani wall, close to the Sir Edmund Hillary school, where stones are carved with religious scriptures. From here the trail ascends gradually and within half an hour we reach Kunde village and our lodge located close to the Sir Edmund Hillary hospital. We will arrive in time for lunch. In the afternoon we will take a short walk to the monastery in Khumjung where the Yeti scalp is housed.

DAY 6 - PHORTSE (3820M) – SIDE TREK TO SIR EDMUND HILLARY MEMORIAL (3990M)

Trekking: approx 6 hours
You rise early in the morning to walk below the Kunde monastery and then ascend, through forest, to the memorial for Sir Edmund Hillary and his wife and daughter. Few trekkers make this side trip where there are sensational views of the peaks of the Khumbu region including Everest, Ama Dablam and the nearby Kongde range. You return to your lodge for breakfast and then you descend through the walled fields of Kunde and Khumjung villages to Shanasa where we ascend on the main trail to Gokyo to the ridge line at Mongla (3975m) from where there are superb views of the surrounding mountains and the village of Phortse, seen across the valley amid a patchwork of stone-walled fields. From the pass the trail descends steeply over 300 metres into the Dudh Kosi Valley. At Phortse Bridge we take lunch and then cross the river to make a short ascent to our overnight stay in the village of Phortse. Meals included: None.

DAY 7 - PANGBOCHE (3985M)

Today is a short walk and we have plenty of time to linger on the trail and look out for the Himalayan Thar a large mountain goat that is often seen on this part of the trek. From Phortse the trail ascends gradually, high above the Imja Khola valley, with views of the monastery at Thyangboche. Few trekkers follow this route and you continue to traverse before a short descent leads directly into the village of Pangboche where you re join the main trail to Everest. Here the peak of Ama Dablam towers above the skyline. We check into our lodge and after lunch visit the beautiful monastery that once housed the legendary Yeti scalp. If you



are still feeling energetic a short climb above the village offers fine views of Everest and the Lhotse ridge and arguably the regions most spectacular mountain, Ama Dablam.

DAY 8 - PANGBOCHE - SIDE TREK TO AMA DABLAM BASE CAMP (4560M)

Trekking: approx 5 hours
Today's walk takes you away from the main trail to Everest to Ama Dablam Base Camp to enjoy spectacular mountain scenery not seen by most trekkers to the region. From your lodge you descend to the Imja Khola river and begin the ascent on open alpine slopes to Lhabarma. The mountain looms directly above as you trek to the base camp located at an open yak pasture at an altitude of 4,560m. The standard climbing route on Ama Dablam follows the south west ridge so if you look towards the right hand skyline you may see climbers on the mountain. There are also excellent views of Everest, Kantega, Thamskerku and Tawoche (6,542m). After enjoying a packed lunch you return to the lodge in Pangboche early in the afternoon.

DAY 9 - DINGBOCHE (4360)

Trekking approx 3.5 hours
From Pangboche the trail ascends gradually up the valley to Shomare where we take a short break. From here you will again ascend

gradually, passing through the small settlement at Orsho. A little further from Orsho, you leave the main trail and head towards to cross the Periche Khola. From the river you will ascend up and traverse along rolling pastures towards the Imja Valley where you have spectacular views of Lhotse, Island Peak and Ama Dablam. You then descend to the settlement of Dingboche nestled in the valley. The walking at this altitude can be quite tiring so take your time as we will reach Dingboche in time for lunch today. To aid our acclimatization we will enjoy a further rest day in Dingboche.

DAY 10 - DINGBOCHE (4360M)

Rest & acclimatization
Dingboche was initially a summer settlement for the Sherpas where they grew barley and potatoes and where yaks were brought to graze in the valley pastures. Today it is now a popular stopover for those en-route to Everest Base Camp. To aid acclimatization, after breakfast you can enjoy a short excursion up the valley towards the hill of Nankarstang where there are beautiful views of the towering south face of Lhotse and Island Peak and Makalu (8481m).

DAY 11 - LOBUCHU (4930M)

Trekking 5 hours
In the morning you ascend the small ridge





behind the village high above the Pheriche valley and gradually ascend past the peaks of Taweche and Cholatse across the valley to cross the Khumbu Khola at Thugla (4620m), where you take a lunch. In the afternoon a steady climb up the moraines of the Khumbu Glacier leads to the memorial cairns, of the Sherpas and climbers who have died on various Everest expeditions. From here the views are marvelous with Pumori (7145m), Lingtren (6697m), Khumbutse (6623m), and Changtse (7550m) seen at the head of the valley. It is only a short walk up the valley from here to Lobuche and our overnight accommodation.

DAY 12 - GORAKSHEP (5150M) & EVEREST BASE CAMP (5345M)

Trekking upto 8 hours
We leave after breakfast and walk slowly up the valley by the side of the Khumbu Glacier to the moraines of Changri Nup Glacier where it is necessary to make a series of small ascents and descents to the sandy flats of Gorakshep (5150m). Gorakshep is reached in around three hours from Lobuche. We rest and take an early lunch and then set off for the round trip to Everest Base Camp (5345m). The walk there and back will take around five hours. It is a great achievement to reach Base Camp and you will spend time here absorbing the atmosphere and taking photographs. If trekking during the climbing period of March to May, you will see the climbers' tents that are pitched on the glacier below the dangerous Everest Ice Fall. We return to our lodge at Gorakshep in the latter part of the afternoon.

The return journey from the Everest Base Camp to Gorak Shep takes the same amount of time. We have an early dinner so that we are able to get up early the next day for awe-inspiring views of the Himalayan giants from Kala Pathar.

DAY 13 - KALA PATHAR (5640M) & PHERICHE (4280M)

Trekking 8 hours
From Base Camp you do not get the picture postcard views of Mount Everest, so we get up early in the morning for the climb to Kala Pathar (5640m) to enjoy the sensational panoramic views of Pumori, Nuptse, Changtse, Ama Dablam and Everest. It is a tough walk because of the altitude, but emotionally rewarding and you can spend as long as you wish at the summit enjoying this special moment. The descent back down to Gorak Shep is a lot quicker than the ascent and after a welcome hot drink you retrace your steps back to Lobuche or further down at Thugla for lunch. After lunch we cross the Khumbu Khola and head down the valley below to Pheriche, where we stop for the night.

DAY 14 - NAMCHE BAZAAR (3440M)

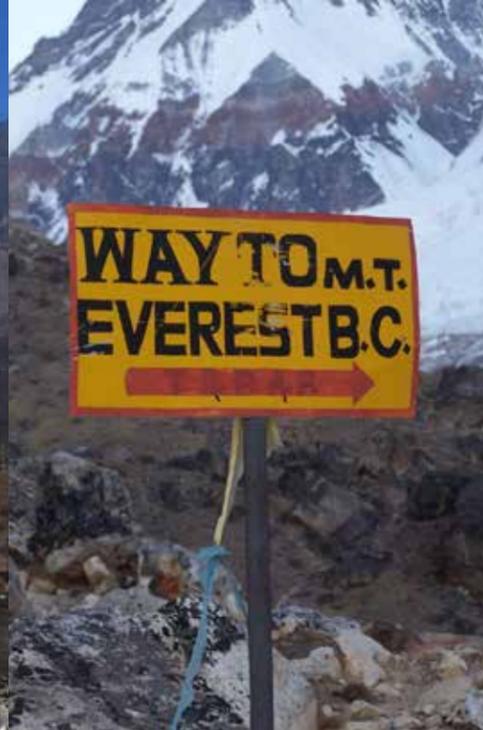
Trekking 6.5 hours
After breakfast, we head down the Pheriche valley descending down the Periche Khola from where the trail climbs to a small pass with the peaks of Ama Dablam and Taweche looming majestically above the trail. You quickly reach the settlements of Orsho and Shomare, however, do take the opportunity to turn around and enjoy the views of Everest as you descend. After passing through Pangboche you cross the Imja River to ascend through rhododendron and birch forest back to Thyangboche where you take lunch. In the afternoon it is a steep descent through forest of juniper, rhododendron and fir to Phunkitenga where you cross the Dudh Kosi river and ascend to the small village of Trashinga. From here the walking becomes easier as the trail contours high above the valley through Shanasa and on to our overnight halt at Namche Bazaar.

DAY 15 - PHAKDING (2650M)

Trekking 4 hours
There is a final opportunity to visit the shops in the bazaar and maybe send an email before you descend steeply down to the large suspension bridge over the Dudh Kosi River. Back at lower altitudes, fit and well acclimatised the walking is now easy as you follow the trail through Jorsale and back to Monjo, where we take lunch. In the afternoon we take a leisurely stroll down the valley through Benkar and back to our lodge in Phakding.

DAY 16 - LUKLA (2800M)

Trekking 3 hours
It is only a few hours walking to the airstrip in Lukla. The first part of the walk follows the valley before making a gradual ascent passing through Chaunrikharka to our hotel located close to the airport. In the evening it is time to celebrate with your crew, a slap up meal and few drinks and the now traditional dancing with the crew.



DAY 17- LUKLA - KATHMANDU

Depart from the short Lukla airstrip for the return flight to Kathmandu, and on to your hotel. The rest of your day is free to explore.

DAY 18 – KATHMANDU

Enjoy a sightseeing tour of Kathmandu today. Visit Boudhanath Stupa, a Tibetan Buddhist shrine that pilgrims circumnavigate as they chant their prayers. Then head to the Hindu temple complex at Pashupatinath, located on the banks of the holy Bagmati River. Here you'll see Hindu holy men (sadhus) meditating, pilgrims bathing and occasionally funeral pyres burning on the ghats. This day is also used as a contingency in case of delays from flying out of Lukla.

DAY 19 – DEPARTURE

After breakfast you are transferred to the airport for your onward flight.
Meals Included:
Breakfast



PRICE INCLUDES

- THE SERVICES OF AN EXPERT ENGLISH-SPEAKING AND CERTIFIED WILDERNESS FIRST RESPONDER TREK LEADER THROUGHOUT THE TOUR
- INTERNATIONAL AIRPORT ARRIVAL AND DEPARTURE TRANSFERS IN KATHMANDU
- LOCAL FLIGHTS IN NEPAL; KATHMANDU – LUKLA – KATHMANDU
- THREE (3) NIGHTS HOTEL ACCOMMODATION IN HOTEL SHANGRILA OR SIMILAR KATHMANDU (TWIN SHARE)
- FIFTEEN (15) NIGHTS COMFORTABLE TREKKING LODGE ACCOMMODATION, GENERALLY IN TWIN-SHARE ROOMS WITH BEDS WITH FOAM MATTRESSES AND PILLOWS
- THREE (3) BREAKFASTS – DAYS 2, 18 & 19
- WELCOME DINNER ON DAY 1
- INSURED TREK CREW
- ESCORTED BY FORWARD TRAVEL DIRECTOR, DAVID SMYTH
- PORTERS ON TREK ALONG WITH ASSISTANT GUIDES TO CARRY ALL LUGGAGE
- FIFTEEN (15) DAYS TREKKING THROUGH THE EVEREST REGION, INCLUDING;
 - SIR EDMUND HILLARY MEMORIAL IN KUNDE, YETI SCALP IN KHUMJUNG
 - VISIT EVEREST BASE CAMP & AMA DABLAM BASE CAMPS
 - ACCLIMATISATION DAYS IN NAMCHE BAZAAR, PANGBOCHE AND DINGBOCHE.
- GROUP SAFETY EQUIPMENT;
 - PORTABLE ALTITUDE CHAMBER
 - PORTABLE OXYGEN
 - FIRST AID KIT
- TREK PACK (FOR LOAN WHILST ON TREK) VALUED AT OVER US\$500, INCLUDING;
 - KITBAG DESIGNED WITH PORTER COMFORT IN MIND
 - HIGH QUALITY SLEEPING BAG DESIGNED FOR SUB-ZERO TEMPERATURES AND INNER SHEET
 - HIGH-ALTITUDE JACKET
- CITY TOUR IN KATHMANDU INCLUDING ENTRANCE FEES: BOUDHANATH STUPA, PASHUPATINATH AND THE HOLY BAGMATI RIVER AND THYANGBOCHE MONASTERY

NOT INCLUDED

- INTERNATIONAL FLIGHTS
- VISAS
- TRAVEL INSURANCE (REPATRIATION BY HELICOPTER MANDATORY IN CASE OF SERIOUS ILLNESS)
- MEALS NOT LISTED. MEALS ON THE TREK-SUGGEST APPROX USD 40 PER DAY)
- ANY OPTIONAL TOURS AND ACTIVITIES DURING FREE TIME
- CAMERA FEES WHERE APPLICABLE
- SHOWERS ON TREK (IF AVAILABLE), BAR BILLS, SOUVENIRS AND PERSONAL EXPENSES., ETC.
- TIPS OR GRATUITIES (SUGGEST USD 5-8 PER DAY PER PERSON)
- YOU CAN TIP YOUR TREK LEADER SEPARATELY BACK IN KATHMANDU



DATES

28 SEPTEMBER - 10 OCTOBER 2018
STARTS AND ENDS IN KATHMANDU



PRICES

PRICES PER PERSON IN AUD

TWIN SHARE	\$2,960
SINGLE SUPPLEMENT (KATHMANDU ONLY)	\$290



FLIGHTS

Our experience tells us everyone wants something different with flights and often visit other places as well, so we will talk with you individually about the best options.

Airfares from Syd/Mel to fit this journey start at \$1260pp with Singapore or Thai Airways. Please ask us for prices from other cities.

VISAS AND PERMITS

Australians, Americans, British, Canadians currently require a visa for Nepal. You may prefer to apply for your visa prior to arrival in Nepal (there are consulates in many countries), however you can obtain a visa on arrival at Kathmandu Airport for \$US40 for a Single Entry, and \$US45 for a Double Entry. You must have USD, Euro, GBP, JPY or AUD cash to the exact amount and one passport photo. Expect some delays in processing the visa application at the airport, it is therefore preferable to get Nepal Visa from your home country.

IMPORTANT INFORMATION

Clothing It is imperative that you bring along the appropriate clothing. Once your booking is finalised, you'll be provided with 'Pre-Departure information' with a clothing and equipment checklist.

WALKING TIMES:

This itinerary is intended as a guide only. Local conditions and weather may necessitate variations to the program and can affect the availability of views and panoramas described. Be aware that all times stated are approximate and may vary with individual and group fitness, weather and track conditions.

You will be trekking at times at high altitude in spectacular, remote and rugged terrain. This trek, while not ascending a Himalayan peak, will venture above the snow line, where fixed hand-lines, instep crampons and ice axes may be needed for extra security, depending on conditions. It is essential that you are physically and mentally well prepared and that your personal equipment is of the highest standard. You must be prepared for the possibility of bad weather and difficult conditions.

MEALS ON THE TREK

Note that trekkers are able select their own meals and refreshments each day of the trek from menus at the trekking lodges we stay in - Please allow approximately US\$500-550 for these meals and tips while on trek.

IS THIS TRIP A GUARANTEED DEPARTURE?

Forward Journeys will operate with a minimum of 6 travellers. We will use a local escort for groups of less than 8 people, and David will lead the group once we have 8 people booked.



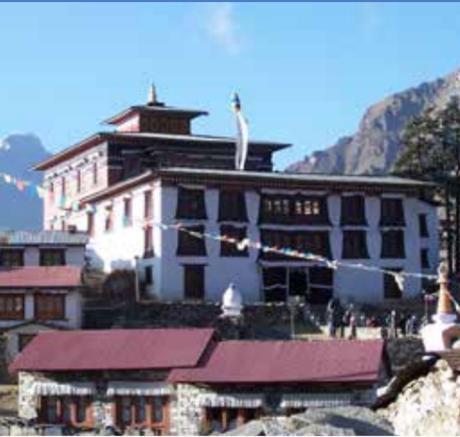
MEET DAVID

Born in Ireland, I travelled extensively around Europe, before voyaging further and eventually making the journey across to Australia and settling down in this great country. With a passion for life and adventure, along with my vast resume of experiences, I am very well placed to look after you in any corner of the world. I've travelled to India multiple times and love the frenetic pace of the country and the energy it brings. Getting down and dirty and experiencing the journey to its fullest is the mantra I travel by.

TO BOOK:

Please call 1300 738 168, or email enquiries@forwardtravel.com.au with any questions and to book your place.

A 25% per person deposit is due then along with a completed booking form and a copy of the information page of your passport. Adequate travel insurance is essential. Please ask us for a quote.



TERMS & CONDITIONS OF BOOKING

Please read carefully these Terms and Conditions. If you are unsure of any matter, or have any questions please call us.

OUR CONTRACT:

These terms and conditions are important. You need to carefully read and understand them. These conditions constitute a legally binding contract between Forward Travel and you. By paying your deposit you acknowledge that you have read and understood and accept these terms and conditions. This contract comes into existence once your deposit is received by Forward Travel.

"You"/"your" is referring to the person and/or entity appearing first on the booking form, and all people on whose behalf the booking is made.

"We/Us/Our/Forward Travel refers to Forward Travel Pty Ltd ACN 164 700 832.

Tour/Trip/Land Arrangements/Service(s) refers to travel services provided involving a booking made by Us for you other than a Cruise. Cruise refers to travel arrangements where accommodation is on a ship or boat.

MAKING A BOOKING

We will work with you to tailor make the perfect trip just for you. Once you are happy with the trip we arrange let us know and we ask you to complete a booking form. We will then request all the Services and once the arrangements are confirmed you will have seven (7) days to pay a deposit.

PRICING:

We book your arrangements directly with the service provider at your destination. We pay them in the local currency, or USD. This means we can keep our prices lower, and means if there is a big shift in the exchange rates it may affect the price you pay. We strive to maintain the price although if the change is significant your price will either decrease or increase accordingly. We welcome clients to pay early, either in full or partial, to remove the risk of fluctuations. Once you have paid in full for your trip there will be no changes to the price. We must however reserve the right to amend our prices, at any time up to final payment has been received.

PAYMENT METHODS:

We accept payment by bank transfer, Visa or MasterCard, and personal cheques. Australian issued Visa and MasterCard payments incur an administration fee of 2%. Payments by Amex will incur a fee of 3%.

OVERSEAS ISSUED CARDS:

A fee of 2.5% will be added to the amount charged as that is what our bank charges us to accept your payment. Payment by personal cheque is a payment deemed to have been made on clearance of the cheque.

DEPOSITS:

We only ask for your deposit once each tour component has been confirmed.

- Upon confirmation a non-refundable deposit of 20% of the value is due within seven (7) days.

- For cruise bookings a non-refundable deposit of 25% of the cruise value is required.

Further deposits may be required, and some components, especially airfares, may need to be paid in full. We will tell you about these before making the booking.

FINAL PAYMENTS:

Final payment is due 60 days prior to your trip commencing. For cruise bookings, the final payment is due 120 days before departure. Exceptions to this will be advised when booking. Airfare payments are dependent upon the airline and the due date will be advised upon booking.

If you have made your booking within these time periods full payment will be required immediately.

If there are changes to your trip which affect the price we will give you a minimum of 3 days to make the final payment at the invoiced price before the changes are applied.

PASSENGER DETAILS

It is your responsibility to provide the correct details for yourself and anyone travelling with you. We are not responsible for incorrect passenger details for flights and other services, including the Land Arrangements, which can be costly to change.

All travellers are required to provide passport copies at the time of booking to ensure names are correct. Changes to passenger details after booking will incur charges and may cause cancellation of Services.

We are only responsible for the Service you have booked with us. You must advise Us of details of Services booked with other tour companies, and any subsequent changes. We are not responsible for any issues that may arise when you have booked other Services with another company.

DOCUMENTATION:

You will receive all necessary documentation for your trip fourteen (14) days before commencement of our Services. All vouchers, coupons for Services booked by our local operators will be provided to you upon arrival in each country.

CHANGES TO YOUR TRIP

Changes by You: Amendments:

If you wish to change your arrangements after they have been confirmed a \$150 administration fee will be charged, in

addition to any extra costs. If you wish to defer travel, 50% of your deposit will be held in trust to be applied to another trip booked with Us which departs within 12 months of your original departure date. If you do not travel within this time, this remaining deposit will be forfeited. This only applies to deposits held by Forward Travel, not those passed to tour operators, which have other conditions. You will be advised of these when booking.

UNUSED SERVICES:

We will not be liable to refund any monies paid by you for any component of your Trip which you do not use, be it voluntary or involuntary.

CANCELLATIONS:

If you wish to cancel your booking you must notify us in writing before we can accept it. Upon receipt by us of your written advice, cancellation will take effect. Cancellation fees are:

Cruises:

- 90 days or more before departure – loss of deposit. (One Ocean Expeditions, 120 days or more – Loss of deposit)
- Less than 90 days or before departure – 100 % of cruise price. (One Ocean Expeditions, less than 120 days before departure – 100% of cruise price)

Land based touring:

- 60 days or more before departure – loss of deposit
- 30 days or more before departure – 50 % of tour price
- Within 30 days of departure – 100% tour cost.

Airfares:

Airfare cancellations vary. The minimum cancellation fee is the deposit you have paid. After final payment some will be 100% non-refundable, and some will have airline cancellation charges. The rules for your airfares will be advised at time of booking.

CHANGES BY US:

Amendments and Cancellations:

We plan everything to run smoothly but sometimes changes have to be made, and sometimes they have to be made quickly, perhaps without notice. You need to understand that your itinerary could change due to weather, political situations, airline or cruise schedule changes, transport delays, force majeure events or any other circumstance. Forward Travel cannot accept liability for loss of enjoyment, distress, disappointment or delays or any costs you may incur as a result of such changes.

On rare occasions, where a component of your booking is subject to a minimum number of passengers, and that number is not reached, or for other reasons, our operators may decide to cancel a tour or service that you have booked. We will always endeavour to provide alternative arrangements for you which may affect your final tour price.

If we cannot book a suitable alternative for you we will refund you any payments you have paid for the component. In the event of such a situation you will not be entitled to make any further claim for compensation or damages for any loss, consequential damage, expenses, and loss of time, distress, disappointment or inconvenience which may result from such cancellation.

TRAVEL INSURANCE:

You must have comprehensive travel insurance appropriate for your destination and health to travel on our trips. This is to protect you. The policy needs to include cover for emergency evacuation and repatriation and you must carry a copy of your insurance with you when you travel.

We strongly suggest you take out the policy when you pay your deposit. Your deposit is non-refundable so you should really have cover in place when you pay it.

We recommend you visit your doctor and dentist when you book and you must disclose any pre-existing medical condition. If you fail your medical, a full refund of the deposit paid will be given providing you send us a medical certificate within two weeks of the date of your booking.

We guarantee any travel insurance policy purchased through Forward Travel for travel booked through Forward Travel will have appropriate cover. Any travel policy will be subject to the terms and conditions on the policy. We cannot accept responsibility for any policies obtained elsewhere.

ACCEPTANCE OF RISK:

You accept that all travel involves risk, and that our trips take you to some areas where accommodation, transport, safety, conditions, medical facilities and comfort may be considered adventurous and involve a significant amount of personal risk. By booking with us you understand and accept there may be inherent risks which include, without limitation, the possibility of injury or death, psychological trauma, disease, loss or damage to property, inconvenience and discomfort. You assume all such risk for all itineraries, bookings and tours, and release Us from all losses, costs, damages, expenses, payments, claims or actions arising from illness, injury, disease, misadventure, loss or damage to property, discomfort and inconvenience or death resulting from these inherent risks. You agree that Forward Travel will not be liable to you for any losses, costs, damages, expenses, payments, claims or actions suffered or incurred by you in relation to all

itineraries, bookings and tours that you take.

Forward Travel acts as a coordinator of tours and an agent for the owners, contractors and suppliers of transportation, accommodation and/or other related travel services provided and assumes no responsibility for the loss or damage to baggage, property or for injury, illness, death or for any damages or claims howsoever caused arising directly or indirectly from accidents, loss or damage to person or property, delays, transport failures, strikes, wars and uprisings or acts of God etc. over which we have no control.

By booking with Forward Travel you accept the risks of travel.

PASSPORT AND VISAS

You are responsible for your own choices in regard to destinations, including reviewing all travel advisories. It is your Responsibility to obtain all of the appropriate visas, permits, vaccinations and certificates for the country/ies in which you will visit during your trip.

We are not responsible if you are refused entry to a country because you lack the correct passport, visa or other travel documentation or conditions. Your passport must be valid for 6 months after your planned return to Australia.

We recommend you visit www.smarttraveller.gov.au for more information and register your trip.

HEALTH AND SAFETY

All dietary needs, medical conditions, allergies need to be advised at the time of booking to ensure arrangements are suitable. We reserve the right to cancel your participation at any time if your health is deemed to adversely affect the normal conduct of the trip and the enjoyment of other tour members.

LIMITATION OF OUR LIABILITY

We will plan a fabulous trip for you, and most of the time it will go smoothly. However, if things do not go as planned we need to tell you what we are not liable for:

- Anything that happens before you commence travel booked with us.
- The amount of sunshine, wind or rain on your travels.
- Any poor photography because you didn't read the manual
- The amount of wildlife you see.
- Any recommendations for goods or services you purchase or accept while away.
- Illnesses, accidents or medical emergencies.
- Unexpected delays to transport, even if resulting in missing a connection or a tour. (We do recommend buffer days before important event(s)).
- Inconvenience or disappointment at laws, culture and standards of service and behaviour in any country/ies you may visit;
- Changes our operators reasonably make to your itinerary as needed due to better manage your trip.
- Weight gains from indulging in the local food and wine
- Any kind of injury, loss, damage, misadventure and/or damage or loss of any property.

PEACE OF MIND AND PRIVACY

Forward Travel is a fully licensed, Australian-owned travel company. We are accredited with IATA, a Member of AFTA and fully covered by the Travel Compensation Fund.

We value your privacy and will not disclose any of your details other than is necessary to provide the services and arrangements you have paid us to do or otherwise in accordance with any legal obligation. You agree that Forward Travel, its agents and related entities may collect, retain, use and disclose your personal information for the provision of services you have booked.

Furthermore, you agree that Forward Travel will maintain your information on our newsletter and mailing list. Your subscription can be cancelled upon your request.

If there is anything particularly sensitive you want us to know about please advise us immediately. This is especially in the case of surprises you are arranging for someone.

FEEDBACK

We love the 'welcome home' phone call and emails as they are usually very positive. We accept though that sometimes things do not go according to plan and you may wish to complain about an aspect of your trip. If you encounter any such situation you need to let the local operator, or Us, know at the time so we can try to resolve it on the spot. We cannot be liable for any complaint that you make when you return home, that was not mentioned when it occurred.

If you were not happy with how something was resolved and wish to make a complaint you must advise us in writing within 30 days of your return to Australia.

VALIDITY

To the extent that any part of this agreement is found to be void or invalid, the balance of the agreement is taken to operate with full effect.

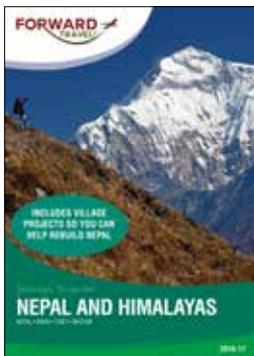
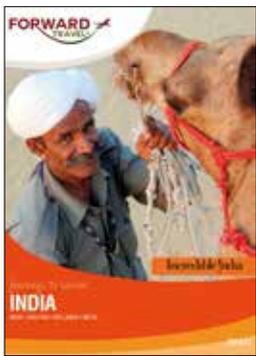
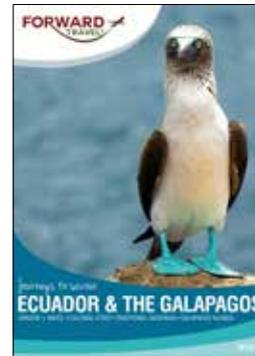
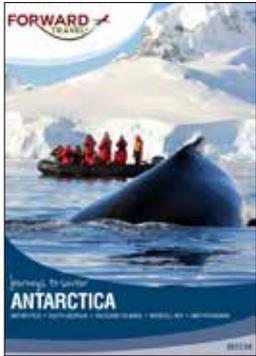
BINDING LAW

This contract shall be interpreted in accordance with the laws of Australia and the state of NSW. Any dispute arising in connection with this contract shall be subject to the exclusive jurisdiction of the NSW Courts.

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