

ANTARCTICA: 2019/20

TRIP NOTES



Falklands Islands, South Georgia and Antarctica



18 JAN 2020 – 04 FEB 2020



17 NIGHTS / 18 DAYS



STARTS PUNTA ARENAS

THE CLASSIC VOYAGE OF DISCOVERY VISITING THREE UNIQUE LOCATIONS

This is our most far-reaching polar expedition and includes visits to three different locations. The sub-Antarctic Falkland Islands and the island of South Georgia are home to a proliferation of unique wildlife and birdlife. There are penguin rookeries with more than 100,000 nesting birds and the beaches are covered in fur seals and elephant seals. Seabirds, including many of the albatross species call these islands home, nesting and raising their young in this wild and remote environment. Both locations feature a fascinating history and stunning scenery.

To the south lies Antarctica – the frozen continent and our final destination on this outstanding voyage. Icebergs in all shapes and sizes fill the waters, and yet more unique wildlife can be found living in sizable colonies. The waters are full of life and we frequently encounter whales including humpback, minke and orca.

On this voyage, our days are spent exploring on shore in the company of expert guides – including naturalists, marine biologists, ornithologists and adventurers as well as our resident photography professional. Cruising in our inflatable Zodiac boats is another memorable activity. For the adventurers, we provide plenty of opportunities to explore on long hikes ashore, or by sea kayak. The clever use of time-saving flights on this departure means you maximize your time and experience in the key locations. A great option for those with limited time but who yearn to 'see it all!'



Expedition Highlights

- > Fantastic glaciated scenery of the Antarctic Peninsula and South Georgia
- > Outstanding wildlife observation on shore, Zodiac cruising and from the ship
- > Visits to historic sites and science stations
- > Learn about the environment, wildlife, history and ecology from polar experts

ON THIS TRIP

-  Zodiac excursions
-  Onshore hiking options
-  Wildlife observation
-  Photographer-in-Residence
-  Sea kayaking available
-  Whale watching
-  Educational presentations
-  Active Cruising & Wellness

IMPORTANT VOYAGE LOGISTICS

Your journey starts and ends in Punta Arenas, Chile. You will need to arrive in Punta Arenas at least one day prior to the scheduled departure date. This gives you a buffer in the event of any unexpected travel delays between home and voyage embarkation and departure. From Punta Arenas we fly to Stanley (Falkland Islands) where we board the expedition ship and commence our journey.

At the conclusion of the voyage, we fly from King George Island (Antarctica) back to South America via a special charter flight. Upon arrival a transfer is provided from the airport to downtown Punta Arenas. This itinerary includes an additional hotel night in Punta Arenas at the conclusion of your voyage. We advise making your onward travel plans for the following day. Full joining instructions will be provided in your final travel documentation. If you have questions before this time, please ask us.



YOUR DAY-BY-DAY EXPEDITION ITINERARY

DAY 1 / PUNTA ARENAS (CHILE) – FALKLAND ISLANDS (SATURDAY, 18 JANUARY 2020)

Our journey commences this morning in the southern Chilean city of Punta Arenas. We meet at a central location before transferring to the airport for our scheduled flight to Stanley in the Falkland Islands. (This flight is included in the price of your voyage). After a short 90-minute journey we are met on arrival and transferred to the pier. Stanley is currently home to just over 2,000 residents and is reminiscent of a rural town in coastal Britain. It is charming with brightly colored houses, pretty flower-filled gardens, a quaint cathedral and several local pubs. There is time to explore the town before ship embarkation. After settling in to our cabins and exploring the ship, we meet our expedition team and fellow passengers. Excitement is in the air as we enjoy a welcome cocktail, dinner and cast off for the adventure of a lifetime

DAY 2 / SEA LION ISLAND AND BLEAKER ISLAND

Overnight we have navigated down the eastern coast of the Falkland Islands. Approaching Sea Lion Island, we first note the very barren and windswept landscape, exposed to the prevailing weather that originates in the Drake Passage. We launch the Zodiacs and go ashore to view the incredible diversity of wildlife found at this location. Three species of penguin including gentoo, magellanic and rockhopper, as well as southern elephant seals and South American sea lions are known to inhabit the area. King cormorants and striated caracaras are just some of the bird species we expect to see. Weather permitting, we may have time to visit neighboring Bleaker Island - another settlement on the exposed south-eastern coast of the Falklands - equally rich in wildlife.

DAYS 3-4 / AT SEA – TOWARDS SOUTH GEORGIA

We chart a southeasterly course bound for South Georgia. The seabirds once again join us in the Southern Ocean. Our educational presentations continue and are always popular. History is a key theme of this voyage and the epic story of Sir Ernest Shackleton and the *HMS Endurance* expedition is central to any trip to South Georgia. Perhaps you will pick up some valuable tips from our onboard photographic guide,

learning about image composition, the subtle polar light and all the basics of good camera craft. We will also learn about Polar conservation - a theme particularly close to the hearts of our guides and crew.

DAY 5-8 / EXPLORATION OF SOUTH GEORGIA

South Georgia has often been called the 'Serengeti of the Southern Ocean' – and as we approach the deep bays of this rugged, rocky outcrop, you will begin to see why. Launching the Zodiacs we begin our exploration of the island, in the vicinity of Elsehul Bay. Large numbers of fur seals and the much larger elephant seal will line the dark sand beaches. Living in the tussock grass, king penguins and their chicks may number up to 100,000 birds in some locations, including Salisbury Plain, St Andrews Bay and Gold Harbour. The island is also home to large numbers of nesting albatross as they fill the skies above, coming and going from the nest.

South Georgia is a thrilling location for history lovers and the rusting relics of the early whaling industry are all around us. We hope to observe several of the old stations at locations including Leith, Husvik and Stromness. A highlight is a visit to Grytviken – the largest of the whaling stations, situated at the head of Cumberland Bay. It is here we visit the gravesite of Sir Ernest Shackleton. For many, being in the presence of the great explorer will be a highlight of the trip. An excellent museum at Grytviken, maintained by the South Georgia Heritage Trust and the restored church built by the original Norwegian whalers provides a fascinating glimpse into the past.

DAYS 9-11 / AT SEA – TOWARDS ANTARCTICA

Weather and ice will dictate our crossing of the Scotia Sea from South Georgia to Antarctica. As with all of our itinerary planning, our Expedition Leader and Captain will make a decision based on the sea and ice conditions at the time. The South Orkney Island group represent the peaks of a submarine mountain range called the Scotia Arc, connecting South Georgia to the South Shetland Islands. Often shrouded in fog and surrounded



by ice much of the year, a chance to visit these islands doesn't come often. As we edge ever closer to the frozen continent, large icebergs announce our arrival in Antarctic waters. If conditions allow, we hope to see the dark cliffs of Elephant Island appear on the horizon. Shackleton and his men were encamped here for many months, having lost *HMS Endurance* in the thick sea ice, far to the south in the Weddell Sea in 1915. From the tiny beach at Point Wild, Shackleton and six companions set off on the rescue mission to South Georgia, aboard the tiny lifeboat, *James Caird*. To this day, the epic ocean crossing is considered one of the greatest in history. If conditions allow, we will attempt a landing at Point Wild on Elephant Island.

DAYS 12 - 17 / SOUTH SHETLAND ISLANDS AND ANTARCTICA PENINSULA

Around 60 miles off the coast of the Antarctic mainland we find the South Shetland Island chain. Possible landing sites could include King George Island, Half Moon Island or Yankee Harbour. Weather conditions permitting we sail the ship into the flooded volcanic caldera of Deception Island. There are some outstanding hikes at these locations and the old whaling station and aircraft hangar at Deception Island beg for further exploration.

After so much anticipation, we enter the icy waters of the Antarctic Peninsula in the vicinity of Mikkelson Harbour or Cierva Cove. Snow covered mountains soar from the dark waters. Along the shoreline in the bays and harbors of the Peninsula lives an incredible abundance of wildlife. Large rookeries are home to chinstrap, gentoo and Adelie penguins. Seals live on the ice floes, including the powerful leopard seal that we hope to encounter. Gulls, skuas and cormorants are also found nesting and feeding at many sites along the Antarctic Peninsula.

We explore by Zodiac boat and on shore where a range of exciting activities await. Locations we hope to visit include Wilhelmina Bay, Orne Harbour, Cuverville Island and the Errera Channel. Join the photographic guide taking pictures of stunning icebergs. Or enjoy a hike to the top of a snowy mountain saddle with one of our adventure guides. If the opportunity presents itself, visit a science base or an old historic hut. The sea kayakers may paddle up to several miles from the ship, offering a truly memorable experience. As our voyage comes to an end we chart a course for King George Island. Tonight we celebrate our voyage with a special dinner attended by the Captain of the ship.

DAY 18 / KING GEORGE ISLAND (ANTARCTICA) – RETURN TO SOUTH AMERICA – OVERNIGHT PUNTA ARENAS (TUESDAY, 04 FEBRUARY 2020)

This morning we say goodbye to our expedition team and transfer ashore by Zodiac. We walk from the shore landing site past the Chilean research station and up towards the airstrip where we board our special charter flight. This flight takes a little over two hours and is included in the price of your voyage. Upon arrival into Punta Arenas a transfer from the airport into town is provided.

IMPORTANT NOTE: This itinerary includes a complimentary post-voyage hotel night in Punta Arenas for all guests returning from voyages that conclude at King George Island. This evening is at your leisure. Punta Arenas is home to some cozy restaurants, cafes and bars – including the historic 'Shackleton Bar' at the Hotel Jose Nogueira – a fitting location to reflect on your journey to Antarctica.

DAY 19 / PUNTA ARENAS – DEPART (WEDNESDAY, 05 FEBRUARY 2020)

After breakfast and check-out, make your own way to the airport for your onward journey. (We recommend you book flights after midday). Otherwise, why not continue your exploration of Patagonia. Just a few hours north, lies the celebrated Torres del Paine National Park – home to towering peaks, glaciers and spectacular wilderness - a paradise for hikers and nature lovers.

ALTERNATIVE OPTIONS: There are seven variations of this popular voyage in 2019/20. Several (such as this itinerary) include flights to locations including Stanley (Falkland Islands) or King George Island (Antarctica). Flying to these points allows us to run the same overall itinerary but in less time. Several itineraries operate in the reverse direction visiting Antarctica first, then South Georgia, followed by the Falkland Islands. See the website for details.

ABOUT OUR ITINERARY: Polar exploration can be unpredictable. Specific sites visited will depend on prevailing weather and ice conditions at the time of sailing. The above itinerary should be read as a 'guide only' and may change. The ship's Captain in conjunction with the Expedition Leader continually review the sailing plan throughout the voyage, making adjustments to the itinerary along the way to take advantage of optimal weather and ice conditions or to maximize our encounters with wildlife. Decades of experience spent exploring these waterways mean we have a large number of outstanding landing sites and Zodiac cruising locations to consider, even when the weather conditions may not be ideal or when heavy ice may hinder our planned route. A flexible approach is something we encourage you to bring to the ship.

YOUR EXPEDITION INCLUDES:

- ✓ Comprehensive pre-voyage information package including details to help you prepare for your trip
- ✓ Transfers in Punta Arenas to the airport on Day 1 and from Punta Arenas airport to a downtown location on arrival back from Antarctica on Day 18
- ✓ Scheduled flight from Punta Arenas to Stanley (Falkland Islands) and charter flight from King George Island (Antarctica) back to Punta Arenas (Chile)
- ✓ Hotel accommodation in Punta Arenas for one night at the conclusion of your voyage
- ✓ Shipboard accommodation in your selected cabin category with daily housekeeping. Cabins feature outside views with windows or portholes that open on each deck
- ✓ All breakfasts, lunches and dinners on board throughout your voyage with daily afternoon tea
- ✓ 24-hour tea, coffee, hot chocolate in bar/lounge plus in-cabin tea and coffee making facilities
- ✓ Experienced Expedition Leader and professional expedition team of marine biologists, naturalists, historians, adventure guides and photographers
- ✓ Daily off-ship excursions by Zodiac boat breaking into small groups for shore landings
- ✓ Guided hikes and walks on shore of various durations for guests of all abilities
- ✓ Visits to wildlife colonies, historic sites, places of outstanding natural beauty and science stations
- ✓ Educational presentations and talks by polar experts in their field (i.e. marine biologists, naturalists, historians etc). Onboard or on shore
- ✓ Resident photography guide available to assist all guests plus access to computers in the multimedia lab for image downloads, file back up and management
- ✓ An emergency trained medical physician onboard every voyage
- ✓ Dedicated hospitality team including Hotel Manager, four chefs, professional bar staff and Adventure Concierge staff
- ✓ Onboard sauna, plunge pool, Jacuzzi and fitness centre including massage options (charge applies for massage and treatments)
- ✓ Sea Kayaking programme available (additional charge of US\$795pp) – must be reserved at the time of booking your voyage and you must have some prior paddling experience
- ✓ Access to well-stocked polar reference library
- ✓ End of voyage video, photos and take-home USB
- ✓ Port fees and all permits to access visited areas

The right gear for your trip – included ✓



When you travel with One Ocean Expeditions, you have the use of an expedition gear package free of charge. Containing around US\$900 worth of essential equipment, this kit includes a quality waterproof/windproof jacket and bib-pants plus insulated rubber boots designed for extended walking. We also include a set of binoculars and a Nordic trekking pole for use when on shore. A waterproof backpack completes your package. This kit saves you buying expensive clothing and equipment you may only ever use once. It also eliminates the need to carry such cumbersome gear to the ship (total weight around 8kg/17lbs).

The Expedition does not include:

- › Any international or local airfare unless otherwise specified in the voyage itinerary
- › Visa and passport expenses
- › Pre or post-cruise hotel accommodation unless otherwise specified in the itinerary (or pre-arranged)
- › Pre or post-cruise transfers unless otherwise specified in the itinerary (or pre-arranged)
- › Personal expenses on board such as alcoholic beverages, bar charges or laundry expenses
- › Telecommunication charges (i.e. email, satellite phone)
- › Baggage, cancellation or medical travel insurance related expenses (travel insurance is mandatory on all voyages)
- › A voluntary gratuity at the end of the voyage for expedition staff and ship crew (suggested amount – US\$15-20 per day)

IMPORTANT: We utilise a special charter flight between Punta Arenas (Chile) and King George Island (Antarctica) and different luggage limits apply. Please observe a limit of 20kg. There is no facility to purchase excess luggage on this flight. Excess baggage can be stored in Punta Arenas for the duration of your voyage for a small fee. Ask your booking agent for more details. Or contact our office if you have questions.

THE RIGHT SHIP = THE BEST EXPERIENCE



One Ocean Navigator
(Akademik Ioffe)

Akademik Ioffe is the perfect size ship for visiting Antarctica. She carries no more than 96 passengers. This is under the maximum number of people allowed on shore (100), as mandated by the regulatory organization for tourism activities in Antarctica (IAATO). Being under this limit means you will spend the maximum amount of time on shore, on EVERY single excursion. We do not need to operate shuttles to and from the ship or run hurried excursions. Once on shore, we break up into smaller special interest groups, with several hiking options, perhaps a visit to a penguin rookery, a historic site or a quiet stroll along the shoreline contemplating the magic. You decide how your day unfolds. Your time in Antarctica is precious and we aim to maximize your experience at every opportunity. To learn more about this exceptional vessel, request a copy of the [Ship Fact Sheet](#) containing detailed specifications and additional information about cabins and other facilities.

BEFORE YOU BOOK – IMPORTANT VOYAGE DETAILS

COMPREHENSIVE PRE-VOYAGE INFORMATION

Upon receipt of your deposit and booking forms, a detailed booklet will be sent to you providing additional information to help you prepare for your voyage. This resource is full of useful facts and covers practicalities such as suggested clothing, life on board the ship, wildlife, geography and history as well as details about the activities available throughout your voyage. Information regarding passports and visas, budgeting, as well as travel insurance requirements are also found in this helpful document.

TRAVEL INSURANCE

On all One Ocean Expeditions' voyages, you must have comprehensive travel insurance. Your booking agent can recommend a policy designed to cover participants on these voyages. Your policy must provide coverage for your medical costs in case of hospitalization, emergency travel and repatriation.

Please check the terms of your policy carefully, particularly with regard to limits of cover. Also ensure you are familiar with the procedure for making claims. Once you have paid your deposit or full payment, certain fees will apply if you have to cancel your holiday (see the cancellation provisions in our booking terms and conditions). For this reason you should take out travel insurance at the time of paying your deposit, which should then protect you in such a situation. You will be required to send us travel insurance policy details prior to your voyage.

PASSPORTS AND VISAS

You will need a valid passport with you throughout the journey. Some nationalities will be required to pay a 'reciprocity fee' for entering Argentina and/or Chile. It is important that your passport is valid for at least six months AFTER the expected finish date of your voyage.

SEA KAYAKING

The sea kayaking program is directed at any passenger with an adventurous spirit and some prior paddling experience. This option MUST be reserved at the time of booking and attracts an additional charge of \$US795 per participant. You cannot book sea kayaking on board the ship. You will need to complete a special questionnaire outlining your previous kayaking experience. Ask your agent, or our office for a copy of this document if you are interested in joining the sea kayaking program.

THE ONE CLUB – EXPEDITION ALUMNI

Come as a passenger, leave as a friend. Once you have experienced one voyage with us, it's likely you will want to experience another. Your commitment to travel with us is rewarded with our commitment to you, our valued guest. As members of the One Club Expedition Alumni, your loyalty is rewarded with a range of great travel benefits when you return for your next voyage — no matter the destination. Ask your booking agent for details.



IMPORTANT: The information provided here is given in good faith and has been compiled with all reasonable care. However, some of the information may become out of date. Please keep this in mind and check with us if you want to be sure about anything. The document was correct at time of printing. If you have any queries, please contact your voyage booking agent or our office. We are here to help you.



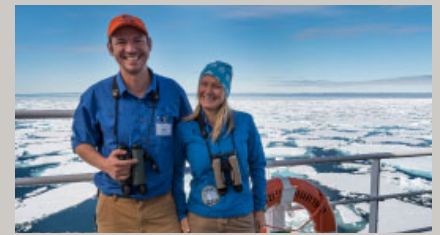
Supporting Antarctic Science

One Ocean Expeditions collaborates with various research partners, who are executing important and relevant projects while on-board our expeditions. These projects are funded and assisted by One Ocean Expeditions and our guests. Research may range from collecting data for critical oceanographic studies, to the tagging and tracking of migrant whale populations for universities and scientific institutions.



World Leading - the World Over

For several years One Ocean Expeditions and The Royal Canadian Geographical Society have maintained a collaborative relationship grounded in geographical education, exploration, science, social and economic community development, Canadian national identity and experiential travel. We are proud to be the exclusive marine travel partner of The Royal Canadian Geographical Society and affiliates.



The Right Team

Fewer than 100 guests on the ship doesn't mean fewer staff. Quite the opposite. You will come to appreciate the dedication of our expedition team when onboard the ship. The highest staff to guest ratio in the industry (1:4) allows you to experience the broadest range of activities possible, catering to all interests and abilities. We are known for our flexible, yet professional approach and an ability to 'make it happen'.

INTERESTED IN THIS EXPERIENCE?

When choosing to travel with One Ocean Expeditions we ensure your experience from start to finish is straight forward and well organized.

Start by customizing your journey and mapping out the trip ahead.

If this sounds like the right trip for you, please discuss your ideas and plans with your preferred booking agent. They will reserve a cabin for you on your chosen voyage. This provides time to book flights to the embarkation points of this voyage and to plan other pre or post voyage travel requirements. Please remember that you will require comprehensive travel insurance to join our voyages. This is best arranged at the time of booking. Following confirmation of your reservation, you will need to complete a detailed **One Ocean Expeditions Booking Package** plus other pre-voyage documentation to accompany your deposit. At this point your voyage of discovery is underway.

Take advantage of our experience, which spans decades of expedition travel in the Polar Regions. Should you have any questions, we are here to help at any time.



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Trip Note Updated: 26JUL18 - RC