

ANTARCTICA: 2019/20

TRIP NOTES



Falklands Islands, South Georgia and Antarctica



18 NOV 2019 – 06 DEC 2019



18 NIGHTS / 19 DAYS



STARTS USHUAIA

THE CLASSIC VOYAGE OF DISCOVERY VISITING THREE UNIQUE LOCATIONS

This is our most far-reaching polar expedition and includes visits to three different locations. The sub-Antarctic Falkland Islands and the island of South Georgia are home to a proliferation of unique wildlife and birdlife. There are penguin rookeries with more than 100,000 nesting birds and the beaches are covered in fur seals and elephant seals. Seabirds, including many of the albatross species call these islands home, nesting and raising their young in this wild and remote environment. Both locations feature a fascinating history and stunning scenery.

To the south lies Antarctica – the frozen continent and our final destination on this outstanding voyage. Icebergs in all shapes and sizes fill the waters, and yet more unique wildlife can be found living in sizable colonies. The waters are full of life and we frequently encounter whales including humpback, minke and orca.

On this voyage, our days are spent exploring on shore in the company of expert guides – including naturalists, marine biologists, ornithologists and adventurers as well as our resident photography professional. Cruising in our inflatable Zodiac boats is another memorable activity. For the adventurers, we provide plenty of opportunities to explore on long hikes ashore, or by sea kayak. This enduring itinerary remains one of the most popular voyages we operate and appeals to those who 'want to see it all!'



Expedition Highlights

- > Fantastic glaciated scenery of the Antarctic Peninsula and South Georgia
- > Outstanding wildlife observation on shore, Zodiac cruising and from the ship
- > Visits to historic sites and science stations
- > Learn about the environment, wildlife, history and ecology from polar experts

ON THIS TRIP

-  Zodiac excursions
-  Onshore hiking options
-  Wildlife observation
-  Photographer-in-Residence
-  Sea kayaking available
-  Whale watching
-  Educational presentations
-  Active Cruising & Wellness

IMPORTANT VOYAGE LOGISTICS

This trip commences in Ushuaia (Argentina). We recommend arriving in Ushuaia at least one day prior to the scheduled voyage departure. This gives you a buffer in the event of any unexpected travel delays between home and voyage embarkation. Here we board our expedition ship, charting a course along the Beagle Channel, into the Drake Passage towards Antarctica.

Our voyage is complete when we arrive back into Ushuaia (Argentina). A transfer from the ship to the airport (or local hotels) is provided upon disembarkation. We advise booking your flights out of Ushuaia from mid-morning onwards. Or consider spending a night in Ushuaia at the conclusion of your voyage.

Full joining instructions will be provided in your final travel documentation. If you have questions before this time, please ask us.



YOUR DAY-BY-DAY EXPEDITION ITINERARY

DAY 1 / USHUAIA (ARGENTINA) (MONDAY, 18 NOVEMBER, 2019)

Our epic journey to the Falklands, South Georgia and Antarctica commences this afternoon in Ushuaia, in southern Argentina. We gather at our central meeting point and transfer to the pier and embark our expedition ship, *Akademik Ioffe*. After settling in to our cabins and exploring the ship, we meet our expedition team and fellow passengers. Excitement is in the air as we enjoy a welcome cocktail and dinner and cast off, bound for Antarctica and the adventure of a lifetime.

DAYS 2 / AT SEA – TOWARDS THE FALKLAND ISLANDS

Sailing northeast towards the Falkland Islands we are joined by hundreds of seabirds, including the wandering albatross, who we come to know well on this journey. Giant petrels and smaller Cape petrels are also constant companions. Photographing these magnificent birds from the deck of the ship takes patience and skill and our photography expert will be on hand to show you the best techniques. Join the ship's Captain on the bridge and learn about the operations of our modern research vessel. Throughout the day our onboard experts educate us with a series of presentations about the environment, wildlife and history of the Southern Ocean and the locations we hope to visit in the coming days.

DAYS 3-4 / THE FALKLAND ISLANDS

Having arrived in the Falkland Islands overnight, we launch the Zodiacs and are excited to make our first shore excursion this morning. Our plan will be to explore several locations in the West Falkland archipelago. These remote islands are home to a proliferation of seabirds and migratory birds including the stunning black-browed albatross. Our first penguin sightings will be on West Point Island with its bustling rookeries of rockhoppers. On Carcass Island, we observe nesting magellanic penguins as well as oystercatchers, geese and the striated caracara – a bird of prey.

The following morning we arrive in Stanley, the capital of the Falklands Islands. As we wander through the charming streets of brightly painted houses, we learn how this quiet harbour was

once a major port in the 19th century for tall ships rounding the fabled Cape Horn. There are several interesting activities to enjoy today. Stanley has an excellent museum that outlines the historic events that took place during the conflict with Argentina in 1982. The waterfront memorial built to commemorate the lives of the British servicemen killed during the war is a sobering reminder of recent history. Stanley's famed philatelic museum with its impressive collection of historic stamps is another interesting diversion.

DAYS 5-6 / AT SEA – TOWARDS SOUTH GEORGIA

We chart a southeasterly course bound for South Georgia. The seabirds once again join us in the Southern Ocean. Our educational presentations continue and are always popular. History is a key theme of this voyage and the epic story of Sir Ernest Shackleton and the *HMS Endurance* expedition is central to any trip to South Georgia. Perhaps you will pick up some valuable tips from our onboard photographic guide, learning about image composition, the subtle polar light and all the basics of good camera craft. We will also learn about Polar conservation - a theme particularly close to the hearts of our One Ocean Expeditions' guides and crew.

DAY 7-9 / EXPLORATION OF SOUTH GEORGIA

South Georgia has often been called the 'Serengeti of the Southern Ocean' – and as we approach the deep bays of this rugged, rocky outcrop, you will begin to see why. Launching the Zodiacs we begin our exploration of the island, in the vicinity of Elsehul Bay. Large numbers of fur seals and the much larger elephant seals will line the dark sand beaches. Living in the tussock grass, king penguins and their chicks may number up to 100,000 birds in some locations, including Salisbury Plain, St Andrews Bay and Gold Harbour. The island is also home to large numbers of nesting albatross as they fill the skies above, coming and going from the nest.

South Georgia is a thrilling location for history lovers and the rusting relics of the early whaling industry are all around us. We hope to observe several of the old stations at locations including Leith, Husvik and Stromness. A highlight is a visit to Grytviken – the largest of the whaling stations, situated at the



head of Cumberland Bay. It is here we visit the gravesite of Sir Ernest Shackleton. For many, being in the presence of the great explorer will be a highlight of the trip. An excellent museum at Grytviken, maintained by the South Georgia Heritage Trust and the restored church built by the original Norwegian whalers provides a fascinating glimpse into the past.

DAYS 10-12 / AT SEA – TOWARDS ANTARCTICA

Weather and ice will dictate our crossing of the Scotia Sea from South Georgia to Antarctica, leading us perhaps to the South Orkney Islands or Elephant Island. As with all of our itinerary planning, our Expedition Leader and Captain will make a decision based on the conditions at the time. The South Orkney Islands represent the peaks of a submarine mountain range called the Scotia Arc, connecting South Georgia to the South Shetland Islands. Often shrouded in fog and surrounded by ice much of the year, a chance to visit these islands doesn't come often. As we edge ever closer to the frozen continent, large icebergs announce our arrival in Antarctic waters. If conditions allow, we will hope to see the dark cliffs of Elephant Island appear on the horizon. Shackleton and his men were encamped here for many months, having lost *HMS Endurance* in the thick sea ice, far to the south in the Weddell Sea in 1915. From the tiny beach at Point Wild, Shackleton and six companions set off on the rescue mission to South Georgia, aboard the tiny lifeboat, James Caird. To this day, the epic ocean crossing is considered one of the greatest in history. If conditions allow, we will attempt a landing at Point Wild on Elephant Island.

DAYS 13 - 16 / SOUTH SHETLAND ISLANDS AND ANTARCTICA

Around 60 miles off the coast of the Antarctic mainland we find the South Shetland Island chain. Possible landing sites could include King George Island, Half Moon Island or Yankee Harbour. Weather conditions permitting we sail the ship into the flooded volcanic caldera of Deception Island. There are some outstanding hikes at these locations and the old whaling station and aircraft hangar at Deception Island beg for further exploration.

After so much anticipation, we enter the icy waters of the Antarctic Peninsula in the vicinity of Mikkelson Harbour or Cierva Cove. Snow covered mountains soar from the dark waters. Along the shoreline in the bays and harbours of the Peninsula lives an incredible abundance of wildlife. Large rookeries are home to chinstrap, gentoo and Adelie penguins. Seals live on

the ice floes, including the powerful leopard seal that we hope to encounter. Gulls, skuas and cormorants are also found nesting and feeding at many sites along the Antarctic Peninsula.

We explore by Zodiac boat and ashore where a range of exciting activities await. Locations we hope to visit include Wilhelmina Bay, Orne Harbour, Cuverville Island and the Errera Channel. Join the photographic guide taking pictures of stunning icebergs. Or enjoy a hike to the top of a snowy mountain saddle with one of our adventure guides. If the opportunity presents itself, visit a science base or an old historic hut. The sea kayakers may explore up to several miles from the ship, for a truly memorable experience.

DAYS 17-18 / AT SEA – TOWARDS SOUTH AMERICA

After several busy days of exploration along the Antarctic Peninsula, it's time to return to South America. The educational presentations continue and we enjoy an entertaining and memorable voyage recap by our Expedition Leader. Join our photography experts in the multimedia room and download and back up your precious images. If weather conditions allow, we hope to make a rounding of Cape Horn. This fabled stretch of water is home to legendary tales of exploration and early navigation. It's a fitting place to reflect on a wonderful expedition to some of the most remote corners of the planet. Approaching the entrance to the Beagle Channel in early evening light, we enjoy a special dinner attended by the Captain of the ship.

DAY 19 / ARRIVE USHUAIA (ARGENTINA) – VOYAGE CONCLUDES – (FRIDAY, 06 DECEMBER, 2019)

In the early morning, we arrive into Ushuaia, Argentina. It is time to say farewell to your crew and fellow travellers. Guests will be transported to their hotels or to the airport for return flights home. It will be possible to connect to flights through to Buenos Aires or other destinations in South America. Otherwise enjoy a night in town or venture further afield to explore the highlights of Patagonia.

ALTERNATIVE OPTIONS: There are seven variations of this popular voyage in 2019/20. Several include flights to locations including Stanley (Falkland Islands) or King George Island (Antarctica). Flying to these points allows us to run the same overall itinerary but in less time. Several itineraries operate in the reverse direction visiting Antarctica first, then South Georgia, followed by the Falkland Islands. See the website for details.

ABOUT OUR ITINERARY: Polar exploration can be unpredictable. Specific sites visited will depend on prevailing weather and ice conditions at the time of sailing. The above itinerary should be read as a 'guide only' and may change. The ship's Captain in conjunction with the Expedition Leader continually review the sailing plan throughout the voyage, making adjustments to the itinerary along the way to take advantage of optimal weather and ice conditions or to maximize our encounters with wildlife. Decades of experience spent exploring these waterways mean we have a large number of outstanding landing sites and Zodiac cruising locations to consider, even when the weather conditions may not be ideal or when heavy ice may hinder our planned route. A flexible approach is something we encourage you to bring to the ship.

YOUR EXPEDITION INCLUDES:

- ✓ Comprehensive pre-voyage information package including details to help you prepare for your trip
- ✓ Transfers from a central meeting point in Ushuaia on Day 1 and from the port to the airport (or a downtown hotel) at the conclusion of your voyage on Day 19
- ✓ Shipboard accommodation in your selected cabin category with daily housekeeping. Cabins feature outside views with windows or portholes
- ✓ All breakfasts, lunches and dinners on board throughout your voyage with daily afternoon tea
- ✓ 24-hour tea, coffee, hot chocolate in bar/lounge plus in-cabin tea and coffee making facilities
- ✓ Experienced Expedition Leader and professional expedition team of marine biologists, naturalists, historians, adventure guides and photographers
- ✓ Daily off-ship excursions by Zodiac boat breaking into small groups for shore landings
- ✓ Guided hikes and walks on shore of various durations for guests of all abilities
- ✓ Visits to wildlife colonies, historic sites, places of outstanding natural beauty and science stations
- ✓ Educational presentations and talks by polar experts in their field (i.e. marine biologists, naturalists, historians etc). Onboard or on shore
- ✓ Resident photography guide available to assist all guests plus access to computers in the multimedia lab for image downloads, file back up and management
- ✓ An emergency trained medical physician onboard every voyage
- ✓ Dedicated hospitality team including Hotel Manager, four chefs, professional bar staff and Adventure Concierge staff
- ✓ Onboard sauna, plunge pool, Jacuzzi and fitness centre including massage options (charge applies for massage and treatments)
- ✓ Sea Kayaking programme available (additional charge of US\$795pp) – must be reserved at the time of booking your voyage and you must have some prior paddling experience
- ✓ Access to well-stocked library full of polar reference books
- ✓ End of voyage video, photos and take-home USB
- ✓ Port fees and all permits to access visited areas

The right gear for your trip – included ✓



When you travel with One Ocean Expeditions, you have the use of an expedition gear package free of charge. Containing around US\$900 worth of essential equipment, this kit includes a quality waterproof/windproof jacket and bib-pants plus insulated rubber boots designed for extended walking. We also include a set of binoculars and a Nordic trekking pole for use when on shore. A waterproof backpack completes your package. This kit saves you buying expensive clothing and equipment you may only ever use once. It also eliminates the need to carry such cumbersome gear to the ship (total weight around 8kg/17lbs).

The Expedition does not include:

- › Any international or local airfare unless otherwise specified in the voyage itinerary
- › Visa and passport expenses
- › Pre or post-cruise hotel accommodation unless otherwise specified in the itinerary (or pre-arranged)
- › Pre or post-cruise transfers unless otherwise specified in the itinerary (or pre-arranged)
- › Personal expenses on board such as alcoholic beverages, bar charges or laundry expenses
- › Telecommunication charges (i.e. email, satellite phone)
- › Baggage, cancellation or medical travel insurance related expenses (travel insurance is mandatory on all voyages)
- › A voluntary gratuity at the end of the voyage for expedition staff and ship crew (suggested amount – US\$15-20 per day)

THE RIGHT SHIP = THE BEST EXPERIENCE



One Ocean Navigator
(Akademik Ioffe)

Akademik Ioffe is the perfect size ship for visiting Antarctica. She carries no more than 96 passengers. This is under the maximum number of people allowed on shore (100), as mandated by the regulatory organization for tourism activities in Antarctica (IAATO). Being under this limit means you will spend the maximum amount of time on shore, on EVERY single excursion. We do not need to operate shuttles to and from the ship or run hurried excursions. Once on shore, we break up into smaller special interest groups, with several hiking options, perhaps a visit to a penguin rookery, a historic site or a quiet stroll along the shoreline contemplating the magic. You decide how your day unfolds. Your time in Antarctica is precious and we aim to maximize your experience at every opportunity. To learn more about this exceptional vessel, request a copy of the [Ship Fact Sheet](#) containing detailed specifications and additional information about cabins and other facilities.

BEFORE YOU BOOK – IMPORTANT VOYAGE DETAILS

COMPREHENSIVE PRE-VOYAGE INFORMATION

Upon receipt of your deposit and booking forms, a detailed booklet will be sent to you providing additional information to help you prepare for your voyage. This resource is full of useful facts and covers practicalities such as suggested clothing, life on board the ship, wildlife, geography and history as well as details about the activities available throughout your voyage. Information regarding passports and visas, budgeting, as well as travel insurance requirements are also found in this helpful document.

TRAVEL INSURANCE

On all One Ocean Expeditions' voyages, you must have comprehensive travel insurance. Your booking agent can recommend a policy designed to cover participants on these voyages. Your policy must provide coverage for your medical costs in case of hospitalization, emergency travel and repatriation.

Please check the terms of your policy carefully, particularly with regard to limits of cover. Also ensure you are familiar with the procedure for making claims. Once you have paid your deposit or full payment, certain fees will apply if you have to cancel your holiday (see the cancellation provisions in our booking terms and conditions). For this reason you should take out travel insurance at the time of paying your deposit, which should then protect you in such a situation. You will be required to send us travel insurance policy details prior to your voyage.

PASSPORTS AND VISAS

You will need a valid passport with you throughout the journey. Some nationalities will be required to pay a 'reciprocity fee' for entering Argentina and/or Chile. It is important that your passport is valid for at least six months AFTER the expected finish date of your voyage.

SEA KAYAKING

The sea kayaking program is directed at any passenger with an adventurous spirit and some prior paddling experience. This option MUST be reserved at the time of booking and attracts an additional charge of \$US795 per participant. You cannot book sea kayaking on board the ship. You will need to complete a special questionnaire outlining your previous kayaking experience. Ask your agent, or our office for a copy of this document if you are interested in joining the sea kayaking program.

THE ONE CLUB – EXPEDITION ALUMNI

Come as a passenger, leave as a friend. Once you have experienced one voyage with us, it's likely you will want to experience another. Your commitment to travel with us is rewarded with our commitment to you, our valued guest. As members of the One Club Expedition Alumni, your loyalty is rewarded with a range of great travel benefits when you return for your next voyage — no matter the destination. Ask your booking agent for details.



IMPORTANT: The information provided here is given in good faith and has been compiled with all reasonable care. However, some of the information may become out of date. Please keep this in mind and check with us if you want to be sure about anything. The document was correct at time of printing. If you have any queries, please contact your voyage booking agent or our office. We are here to help you.



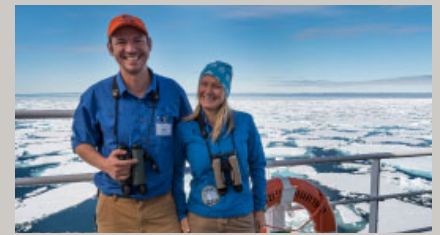
Supporting Antarctic Science

One Ocean Expeditions collaborates with various research partners, who are executing important and relevant projects while on-board our expeditions. These projects are funded and assisted by One Ocean Expeditions and our guests. Research may range from collecting data for critical oceanographic studies, to the tagging and tracking of migrant whale populations for universities and scientific institutions.



World Leading - the World Over

For several years One Ocean Expeditions and The Royal Canadian Geographical Society have maintained a collaborative relationship grounded in geographical education, exploration, science, social and economic community development, Canadian national identity and experiential travel. We are proud to be the exclusive marine travel partner of The Royal Canadian Geographical Society and affiliates.



The Right Team

Fewer than 100 guests on the ship doesn't mean fewer staff. Quite the opposite. You will come to appreciate the dedication of our expedition team when onboard the ship. The highest staff to guest ratio in the industry (1:4) allows you to experience the broadest range of activities possible, catering to all interests and abilities. We are known for our flexible, yet professional approach and an ability to 'make it happen'.

INTERESTED IN THIS EXPERIENCE?

When choosing to travel with One Ocean Expeditions we ensure your experience from start to finish is straight forward and well organized.

Start by customizing your journey and mapping out the trip ahead.

If this sounds like the right trip for you, please discuss your ideas and plans with your preferred booking agent. They will reserve a cabin for you on your chosen voyage. This provides time to book flights to the embarkation points of this voyage and to plan other pre or post voyage travel requirements. Please remember that you will require comprehensive travel insurance to join our voyages. This is best arranged at the time of booking. Following confirmation of your reservation, you will need to complete a detailed **One Ocean Expeditions Booking Package** plus other pre-voyage documentation to accompany your deposit. At this point your voyage of discovery is underway.

Take advantage of our experience, which spans decades of expedition travel in the Polar Regions. Should you have any questions, we are here to help at any time.



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