

ANTARCTICA: 2019/2020

TRIP NOTES



'Ultimate Antarctica'

Weddell Sea and Falkland Islands



07 JAN – 18 JAN 2020



11 NIGHTS / 12 DAYS



STARTS PUNTA ARENAS

A UNIQUE EXPEDITION VISITING THE WEDDELL SEA AND FALKLAND ISLANDS

This exciting expedition provides great diversity and will appeal to those seeking the complete Antarctic experience. It includes the South Shetland Islands, the western and northern sections of the Antarctic Peninsula, the stunning Weddell Sea region located on the eastern side of the Peninsula, and the historic location of Elephant Island. Adding to the experience will be a visit to several locations in the Falkland Island archipelago – home to nesting albatross and the colourful King penguin.

These diverse locations feature their own unique attractions. Expect stunning glaciated scenery along the Antarctic Peninsula, enormous Adelie penguin rookeries and the flat-topped 'tabular' icebergs in the Weddell Sea, rich history in the South Shetlands and Elephant Island - and observe several new wildlife species in the Falklands.

We maximize our time on this voyage by flying from South America to Antarctica, saving the two days crossing the Drake Passage. A further day and a half is saved by flying from the Falkland Islands back to South America at the conclusion of the voyage. The time saved by flying equals more time exploring down among the ice in Antarctica. Over the course of twelve days, you can expect to be off the ship exploring for nine of those twelve days.

This unique expedition has been designed for those seeking the most in-depth and varied Antarctic experience possible.



Expedition Highlights

- > Fantastic glaciated scenery of the Antarctic Peninsula and Gerlache coastline
- > Exciting ice navigation and large penguin rookeries in the Weddell Sea region
- > Visits to historic sites and science stations
- > Varied wildlife encounters in the Falkland Islands – including King penguins!

ON THIS TRIP

-  Zodiac excursions
-  Onshore hiking options
-  Wildlife observation
-  Photographer-in-Residence
-  Sea kayaking available
-  Whale watching
-  Camping on shore
-  Educational presentations
-  Active Cruising & Wellness

IMPORTANT VOYAGE LOGISTICS

Your journey commences in Punta Arenas, Chile. You will need to arrive in Punta Arenas at least one day prior to the scheduled departure date. This gives you a buffer in the event of any unexpected travel delays between home and voyage embarkation and departure. From Punta Arenas we fly to King George Island (Antarctica) via a special charter flight where we board the ship.

Our voyage concludes in Stanley (Falkland Islands) and we fly back to Punta Arenas. For guests staying in Punta Arenas, an arrival transfer is provided from the airport to a central downtown location. (Onward flight connections to Santiago are available).

Full joining instructions will be provided in your final travel documentation. If you have questions before this time, please ask us.



YOUR DAY-BY-DAY EXPEDITION ITINERARY

DAY 1 / PUNTA ARENAS (CHILE) (TUESDAY, 07 JANUARY 2020)

Our journey commences this morning in the southern Chilean port city of Punta Arenas. We gather at a central location and transfer to the airport for the two-hour flight across the Drake Passage to Antarctica (this flight is included in the price of your voyage). Upon arrival at King George Island, we embark our ship via Zodiac. After settling into our cabins and exploring our new surroundings, we meet our expedition team and fellow passengers. Excitement is in the air as we enjoy a welcome refreshment and set sail. No doubt, everyone will be looking forward to the adventure ahead.

DAYS 2-3 / GERLACHE STRAIT AND ANTARCTIC PENINSULA REGION

Overnight we have navigated across the Bransfield Strait and wake to the towering peaks of the Antarctic continent laid out before us. For the next few days we have a varied itinerary exploring the Gerlache coastline. If ice conditions allow, we cruise through the Lemaire Channel and visit sites which may include Pleneau Island and the Penola Strait. To the south lies Petermann Island, home to a sizeable penguin rookery where both Adelie and gentoo penguins nest side by side. A visit to an active science station nearby provides a fascinating insight into the important climate change research occurring in Antarctica. There's a fantastic walk on a nearby island and we hope to make a full traverse across a snowy knoll from one side of the island to the other. The old British Antarctic Survey hut of Wordie House begs for further investigation.

Returning north, we pass the massive granite sentinels of Mount Scott and Mount Shackleton and may attempt a second transit of the Lemaire Channel. The landscape all along this section of the Antarctic coastline features heavily glaciated mountains permanently covered in ice and snow. Our activity program is in full swing by now. Each day we enjoy guided walks on shore, visits to wildlife colonies and Zodiac cruising among the ice with our expert guides, providing insight and interpretation. Planned visits could include Paradise Harbour, Orne Harbour or Andvord Bay. Or a cruise through the Errera Channel to visit the penguin rookeries at Cuverville Island. Wilhelmina Bay is another

favourite location and one where we frequently encounter pods of humpback whales feeding. It is somewhere along this stretch of coastline that we plan to spend a night on shore, camping in Antarctica. We have all the right gear and equipment and an expert team to make it happen - all you need is an adventurous spirit! If the weather is good and site characteristics suit our requirements, we will always go for it. Camping is included in the voyage price and there is no need to pre-book this activity.

DAY 4 / SOUTH SHETLAND ISLANDS

We are now heading north towards Antarctic Sound – the gateway into the icy Weddell Sea. Along the way we hope to make a planned visit at Deception Island. If weather conditions permit, we sail the ship right into the middle of a volcanic caldera. This is a very dramatic place and home to several penguin rookeries along the black sand beaches. History is all around us as we explore the old whaling station, with the rusted relics and old wooden structures. At the far end of the beach is an old aircraft hangar. This is where Australian, Sir Hubert Wilkins made the very first flight in Antarctica in 1928. There is an outstanding hike here to a location known as 'Neptune's Window' – high up onto the rim of the crater.

DAYS 5-7 / ANTARCTIC SOUND AND WEDDELL SEA

At about 25 nautical miles long and about 10 nautical miles wide, Antarctic Sound separates Joinville Island from the northern tip of the Antarctic Peninsula. Navigating into the sound we witness for the first time the vastness and majesty of the Antarctic icecap. This is an awe-inspiring sight. Heading into the Weddell Sea we notice a significant increase in the number of huge tabular icebergs and the presence of sea ice. These massive icebergs break from the huge ice shelves to the south and drift north on the currents. This always makes for exciting navigation – and stunning photographic opportunities in the soft Antarctic twilight. This is wild and remote Antarctica and has a distinctly different feel from locations visited thus far.



The Weddell Sea region is home to Adelie penguin rookeries of staggering size – some contain more than 100,000 nesting birds. Such colonies dwarf the penguin rookeries visited so far. Weather permitting, excursions in the Weddell Sea region may include Hope Bay, Paulet Island and Brown Bluff. All eyes will be trained on the ice floes through which we navigate the ship. We have enjoyed a number of emperor penguins sightings in this area in recent years and they are known to inhabit the area.

The history of exploration in this region is incredibly rich. Remnants of Nordenskjöld's Swedish expedition of 1901-1904 are found in several locations in this area. The epic century-old story of Shackleton and the *HMS Endurance* expedition has strong links to the region. It was here that he and his men drifted north on the ice after the ship had been lost in the ice pack months earlier. As we head north and out of the Weddell Sea, the lavender pink sunset will make some of us pause to consider the bravery (or foolhardiness) of those early explorers who travelled these waters a hundred years before us.

DAY 8 / ELEPHANT ISLAND

Point Lookout on the southern tip of Elephant Island is home to an impressive chinstrap penguin colony. Macaroni penguins also breed here and are a species we have yet to encounter to date. Both southern elephant seals and fur seals are hauled out on the rocky beaches. If conditions permit, we may visit the fabled location of Point Wild on the north coast of Elephant Island. It is here that Shackleton and his men were encamped under their upturned life boats, before five men set off on a rescue mission to South Georgia in their tiny lifeboat – the '*James Caird*'.

DAYS 9-10 / AT SEA TOWARDS THE FALKLAND ISLANDS

While sailing north to the Falkland Islands our onboard polar experts will recap on our adventures in the Weddell Sea and prepare us for the days ahead. Much of our time is spent scanning the horizon in search of whales and other marine mammals. The spectacular pelagic seabirds including several albatross and petrel species, are our constant companions as they soar above the ship. Photographing these stunning birds in flight takes great patience and skill and our resident photography expert will show you the best techniques. Our educational program continues and our experts entertain us with interactive presentations and leading lively discussions.

DAY 11 / WEST POINT ISLAND AND SAUNDERS ISLAND - (FALKLAND ISLANDS)

Arriving into the Falkland Islands overnight, we explore the island of West Point and nearby Saunders Island – in the West Falkland archipelago. West Point is known for its rockhopper penguin rookeries and substantial nesting black-browed albatross colony. The opportunity to observe these spectacular birds in close proximity on the nest is an immense privilege and an experience not easily forgotten. One final highlight awaits – a visit to the wildlife-rich Saunders Island. Along the white sand beaches and in the surrounding tussock grass we hope to encounter no less than four penguin species living in close quarters including gentoo, magellanic and rockhopper - and our ultimate goal during the Falkland Island visit, observing the impressive king penguin. Saunders Island is a fitting end to our epic Antarctic adventure. Charting a course for the port of Stanley in early evening, we enjoy a special dinner attended by the Captain of the ship and reflect on one of life's great travel experiences.

DAY 12 / STANLEY (FALKLAND ISLANDS) – RETURN PUNTA ARENAS (SATURDAY, 18 JANUARY 2020)

In the early morning, we navigate the ship through the narrows and into port. Stanley - the capital of the Falkland Islands, is currently home to just over 2,000 residents and is reminiscent of a rural town in coastal England or Scotland. It is a charming location, with brightly coloured houses, pretty flower-filled gardens, a quaint cathedral and several local pubs. We have time to explore town before a transfer takes us to the airport for our return flight to Punta Arenas (this flight is included in the price of your voyage). It will be possible to connect to flights through to Santiago or other destinations in Chile. Otherwise enjoy a night in Punta Arenas, or venture further afield to explore the highlights of Patagonia.

ALTERNATIVE OPTIONS FOR THIS VOYAGE: There are three alternative departures of this itinerary in 2019/20. For an in-depth exploration of the Weddell Sea, consider the new 12-night Christmas in Antarctica + Weddell Sea, or the new 18-night 'Mega Colonies' expedition. See the website for details.

ABOUT OUR ITINERARY: Polar exploration can be unpredictable. Specific sites visited will depend on prevailing weather and ice conditions at the time of sailing. The above itinerary should be read as a 'guide only' and may change. The ship's Captain in conjunction with the Expedition Leader continually review the sailing plan throughout the voyage, making adjustments to the itinerary along the way to take advantage of optimal weather and ice conditions or to maximize our encounters with wildlife. Decades of experience spent exploring these waterways mean we have a large number of outstanding landing sites and Zodiac cruising locations to consider, even when the weather conditions may not be ideal or when heavy ice may hinder our planned route. A flexible approach is something we encourage you to bring to the ship.

YOUR EXPEDITION INCLUDES:

- ✓ Comprehensive pre-voyage information package including details to help you prepare for your trip
- ✓ Transfers in Punta Arenas to the airport on Day 1. Transfers from the ship to Stanley airport and on arrival back in Punta Arenas to a downtown location at the conclusion of the voyage on Day 12
- ✓ Special charter flight from Punta Arenas (Chile) to King George Island (Antarctica). Scheduled flight from Stanley (Falkland Islands) back to Punta Arenas (Chile)
- ✓ Shipboard accommodation in your selected cabin category with daily housekeeping. Cabins feature outside views with windows or portholes
- ✓ All breakfasts, lunches and dinners on board throughout your voyage with daily afternoon tea
- ✓ 24-hour tea, coffee, hot chocolate in bar/lounge plus in-cabin tea and coffee making facilities
- ✓ Experienced Expedition Leader and professional expedition team of marine biologists, naturalists, historians, adventure guides and photographers
- ✓ Daily off-ship excursions by Zodiac boat breaking into small groups for shore landings
- ✓ Guided hikes and walks on shore of various durations for guests of all abilities
- ✓ Visits to wildlife colonies, historic sites, places of outstanding natural beauty and science stations
- ✓ Educational presentations and talks by polar experts in their field (i.e. marine biologists, naturalists, historians etc). Onboard or on shore
- ✓ Resident photography guide available to assist all guests plus access to computers in the multimedia lab for image downloads, file back up and management
- ✓ An emergency trained medical physician onboard every voyage
- ✓ Dedicated hospitality team including Hotel Manager, four chefs, professional bar staff and Adventure Concierge staff
- ✓ Onboard sauna, plunge pool, Jacuzzi and fitness centre including massage options (charge applies for massage and treatments)
- ✓ Sea Kayaking programme available (additional charge of US\$795pp) – must be reserved at the time of booking your voyage and you must have some prior paddling experience
- ✓ Access to well-stocked library full of polar reference books
- ✓ End of voyage video, photos and take-home USB
- ✓ Port fees and all permits to access visited areas

The right gear for your trip – included ✓



When you travel with One Ocean Expeditions, you have the use of an expedition gear package free of charge. Containing around US\$900 worth of essential equipment, this kit includes a quality waterproof/windproof jacket and bib-pants plus insulated rubber boots designed for extended walking. We also include a set of binoculars and a Nordic trekking pole for use when on shore. A waterproof backpack completes your package. This kit saves you buying expensive clothing and equipment you may only ever use once. It also eliminates the need to carry such cumbersome gear to the ship (total weight around 8kg/17lbs).

The Expedition does not include:

- › Any international or local airfare unless otherwise specified in the voyage itinerary
- › Visa and passport expenses
- › Pre or post-cruise hotel accommodation unless otherwise specified in the itinerary (or pre-arranged)
- › Pre or post-cruise transfers unless otherwise specified in the itinerary (or pre-arranged)
- › Personal expenses on board such as alcoholic beverages, bar charges or laundry expenses
- › Telecommunication charges (i.e. email, satellite phone)
- › Baggage, cancellation or medical travel insurance related expenses (travel insurance is mandatory on all voyages)
- › A voluntary gratuity at the end of the voyage for expedition staff and ship crew (suggested amount – US\$15-20 per day)

IMPORTANT: We utilise a special charter flight between Punta Arenas (Chile) and King George Island (Antarctica) and different luggage limits apply. Please observe a limit of 20kg. There is no facility to purchase excess luggage on this flight. Excess baggage can be stored in Punta Arenas for the duration of your voyage for a small fee. Ask your booking agent for more details. Or contact our office if you have questions.

THE RIGHT SHIP = THE BEST EXPERIENCE



One Ocean Navigator
(Akademik Ioffe)

Akademik Ioffe is the perfect size ship for visiting Antarctica. She carries no more than 96 passengers. This is under the maximum number of people allowed on shore (100), as mandated by the regulatory organization for tourism activities in Antarctica (IAATO). Being under this limit means you will spend the maximum amount of time on shore, on EVERY single excursion. We do not need to operate shuttles to and from the ship or run hurried excursions. Once on shore, we break up into smaller special interest groups, with several hiking options, perhaps a visit to a penguin rookery, a historic site or a quiet stroll along the shoreline contemplating the magic. You decide how your day unfolds. Your time in Antarctica is precious and we aim to maximize your experience at every opportunity. To learn more about this exceptional vessel, request a copy of the [Ship Fact Sheet](#) containing detailed specifications and additional information about cabins and other facilities.

BEFORE YOU BOOK – IMPORTANT VOYAGE DETAILS

COMPREHENSIVE PRE-VOYAGE INFORMATION

Upon receipt of your deposit and booking forms, a detailed booklet will be sent to you providing additional information to help you prepare for your voyage. This resource is full of useful facts and covers practicalities such as suggested clothing, life on board the ship, wildlife, geography and history as well as details about the activities available throughout your voyage. Information regarding passports and visas, budgeting, as well as travel insurance requirements are also found in this helpful document.

TRAVEL INSURANCE

On all One Ocean Expeditions' voyages, you must have comprehensive travel insurance. Your booking agent can recommend a policy designed to cover participants on these voyages. Your policy must provide coverage for your medical costs in case of hospitalization, emergency travel and repatriation.

Please check the terms of your policy carefully, particularly with regard to limits of cover. Also ensure you are familiar with the procedure for making claims. Once you have paid your deposit or full payment, certain fees will apply if you have to cancel your holiday (see the cancellation provisions in our booking terms and conditions). For this reason you should take out travel insurance at the time of paying your deposit, which should then protect you in such a situation. You will be required to send us travel insurance policy details prior to your voyage.

PASSPORTS AND VISAS

You will need a valid passport with you throughout the journey. Some nationalities will be required to pay a 'reciprocity fee' for entering Argentina and/or Chile. It is important that your passport is valid for at least six months AFTER the expected finish date of your voyage.

CAMPING IN ANTARCTICA

Spend a night on shore camping in Antarctica. Quality camping gear is provided for everyone to enjoy this unique experience. Camping is INCLUDED in the price of your expedition. You do not need to pre-book this activity. Sign up once onboard.

NOTE: Camping is dependent on favourable weather conditions. This activity is not guaranteed on any voyage.

SEA KAYAKING

The sea kayaking program is directed at any passenger with an adventurous spirit and some prior paddling experience. This option MUST be reserved at the time of booking and attracts an additional charge of US\$795 per participant. You can not book sea kayaking on board the ship. You will need to complete a special questionnaire outlining your previous kayaking experience. Ask your agent, or our office for a copy of this document if you are interested in joining the sea kayaking program.

THE ONE CLUB – EXPEDITION ALUMNI

Come as a passenger, leave as a friend. Once you have experienced one voyage with us, it's likely you will want to experience another. Your commitment to travel with us is rewarded with our commitment to you, our valued guest. As members of the One Club Expedition Alumni, your loyalty is rewarded with a range of great travel benefits when you return for your next voyage — no matter the destination. Ask your booking agent for details.



IMPORTANT: The information provided here is given in good faith and has been compiled with all reasonable care. However, some of the information may become out of date. Please keep this in mind and check with us if you want to be sure about anything. The document was correct at time of printing. If you have any queries, please contact your voyage booking agent or our office. We are here to help you.



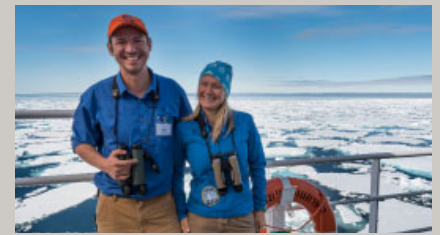
Supporting Antarctic Science

One Ocean Expeditions collaborates with various research partners, who are executing important and relevant projects while on-board our expeditions. These projects are funded and assisted by One Ocean Expeditions and our guests. Research may range from collecting data for critical oceanographic studies, to the tagging and tracking of migrant whale populations for universities and scientific institutions.



World Leading - the World Over

For several years One Ocean Expeditions and The Royal Canadian Geographical Society have maintained a collaborative relationship grounded in geographical education, exploration, science, social and economic community development, Canadian national identity and experiential travel. We are proud to be the exclusive marine travel partner of The Royal Canadian Geographical Society and affiliates.



The Right Team

Fewer than 100 guests on the ship doesn't mean fewer staff. Quite the opposite. You will come to appreciate the dedication of our expedition team when onboard the ship. The highest staff to guest ratio in the industry (1:4) allows you to experience the broadest range of activities possible, catering to all interests and abilities. We are known for our flexible, yet professional approach and an ability to 'make it happen'.

INTERESTED IN THIS EXPERIENCE?

When choosing to travel with One Ocean Expeditions we ensure your experience from start to finish is straight forward and well organized.

Start by customizing your journey and mapping out the trip ahead.

If this sounds like the right trip for you, please discuss your ideas and plans with your preferred booking agent. They will reserve a cabin for you on your chosen voyage. This provides time to book flights to the embarkation points of this voyage and to plan other pre or post voyage travel requirements. Please remember that you will require comprehensive travel insurance to join our voyages. This is best arranged at the time of booking. Following confirmation of your reservation, you will need to complete a detailed **One Ocean Expeditions Booking Package** plus other pre-voyage documentation to accompany your deposit. At this point your voyage of discovery is underway.

Take advantage of our experience, which spans decades of expedition travel in the Polar Regions. Should you have any questions, we are here to help at any time.



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